
 <p>U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration Center for Mental Health Services</p>	 <p><b>ADS CENTER</b> Resource Center to Address Discrimination and Stigma BRIDGING THE GAP BETWEEN WHERE WE ARE AND WHERE WE NEED TO BE</p> <p>11420 Rockville Pike, Rockville, MD 20852 1-800-540-0320 <a href="mailto:stopstigma@samhsa.hhs.gov">stopstigma@samhsa.hhs.gov</a></p>
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## Training Date & Time

**May 25, 2006  
(Thursday)**

**12:00PM to 1:30PM  
(Eastern Time)**

## Free Teleconference Training

### **Transition to Adulthood: Strategies for Overcoming Stigma and Achieving Positive Outcomes for Young Adults**

Young people with mental health problems often encounter daunting challenges in their lives. In addition to the difficulties that all youth face between the ages of 18 and 24, these individuals cope with the added burden of an invisible disability. Often finding it difficult to keep jobs, young people with mental illnesses require support from special programs and skilled mental health providers in order to achieve successful transition across the domains of employment, education, and living situation. Unfortunately, due to differing eligibility criteria, many transitioning youth lose their access to these supports when they turn 18. This is a policy issue that may be considered discriminatory.

While most anti-stigma programs for transition-age youth focus on special supports required for academic success, few programs target the larger number of young people with mental illnesses entering the workforce without going to college. For young people moving out of secondary school, stigma may appear to challenge them at every turn as they try to fit into the adult world of work. This situation represents a gap in our Nation's ability to assist youth in gaining and succeeding in employment.

Please join the staff of the SAMHSA ADS Center on Thursday, May 25, 2006, as we discuss the diverse skills and supports required to help young people overcome stigma and succeed on the job. In addition to reviewing the effects that stigma and stigma-reduction programs have on transition-age youth, speakers will examine research and strategies for effectively working with young adults, families, and employers.

For more information about this training, or to register as a participant, please see the **Trainings** section of the SAMHSA ADS Center Web site, <http://www.stopstigma.samhsa.gov>.

#### **About the ADS Center**

The SAMHSA ADS Center helps people design, implement, and operate programs that reduce stigma and discrimination associated with mental illnesses. With the most up-to-date research and information, the ADS Center provides assistance to individuals, organizations, and governments countering such stigma in the community, in the workplace, and in the media.

*This teleconference is sponsored by the SAMHSA ADS Center, a project of the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. The training is free to all participants.*

Subscribe to receive our monthly update by sending an e-mail to [stopstigma@samhsa.hhs.gov](mailto:stopstigma@samhsa.hhs.gov) or by calling an ADS Center representative at 800-540-0320. If you would like to comment on the materials included here, please send an e-mail to [stopstigma@samhsa.hhs.gov](mailto:stopstigma@samhsa.hhs.gov), or write to Resource Center to Address Discrimination and Stigma Associated With Mental Illness; Informational Updates; 11420 Rockville Pike; Rockville, MD 20852

**SAMHSA Resource Center to Address Discrimination and Stigma**  
[www.stopstigma.samhsa.gov](http://www.stopstigma.samhsa.gov)